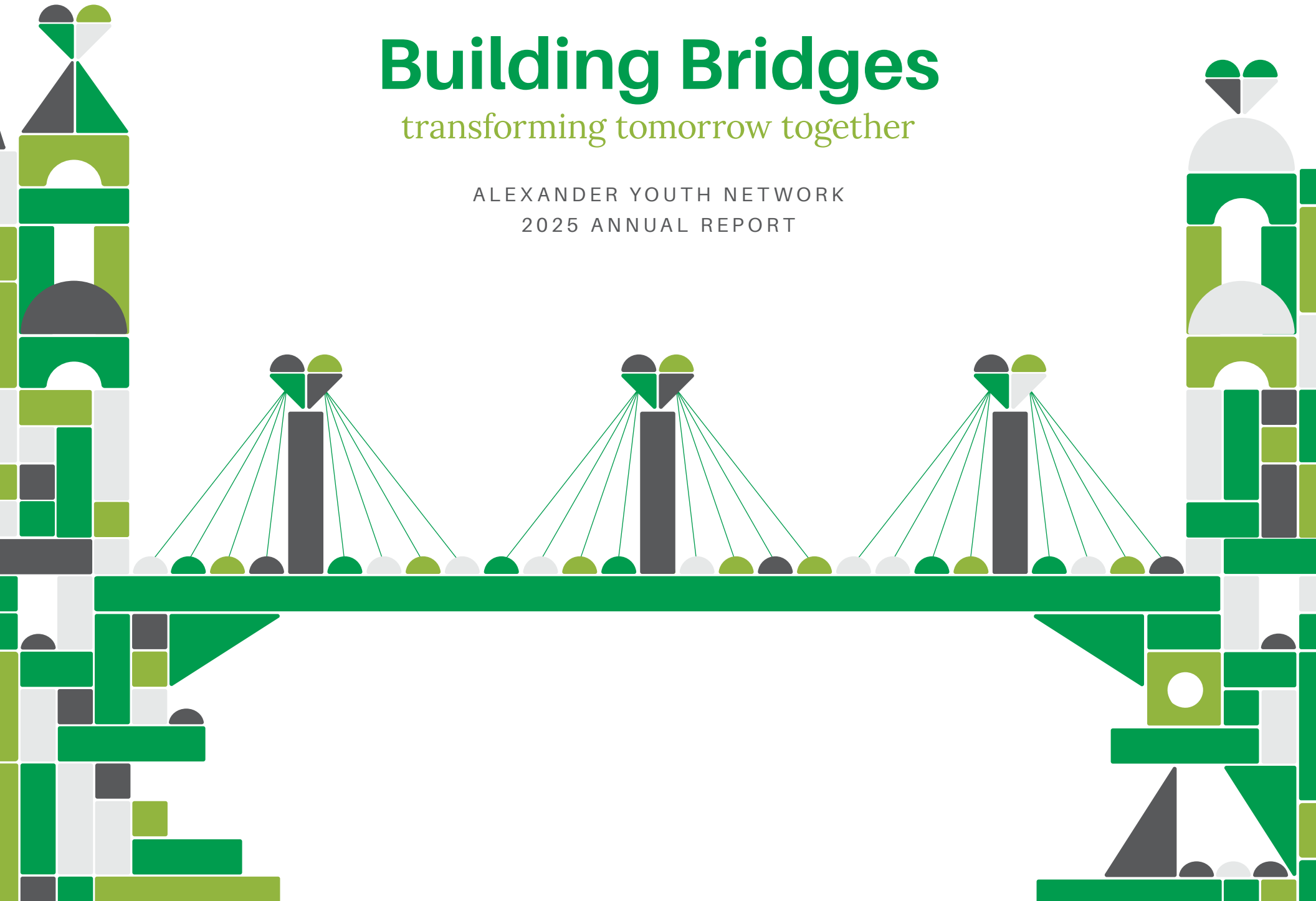


Building Bridges

transforming tomorrow together

ALEXANDER YOUTH NETWORK
2025 ANNUAL REPORT





Our Mission

To transform the lives of children facing emotional and behavioral challenges.

By building bridges to hope and healing, we empower children to grow, families to strengthen, and communities to thrive.

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From the Board

The year 2025 was one that reshaped Alexander Youth Network in meaningful ways. We began with an important leadership transition—honoring Craig Bass for his exceptional 34 years of service as well as welcoming Brennon Graham back to Alexander as our new CEO. It was a moment that invited us to reflect on our past and confidently plan for the future.

We also faced the threat of significant Medicaid cuts that would have deeply affected children and families across North Carolina. Thanks to your advocacy and your belief in the importance of this work, those cuts were reversed for the foreseeable future. Because of you, thousands of children will continue to receive the care they deserve.

This year brought innovation and growth. A generous grant from The Duke Endowment allowed us to launch Motivational Interviewing as an agency-wide treatment model, strengthening our commitment to person-centered care. We piloted the Family Peer Partner Program with UNC Greensboro's NC Youth and Family Voices Amplified, expanded our network of licensed foster homes, and began laying the groundwork for expanded psychiatric residential treatment services in the Triad to meet growing needs across the state.

Across Alexander and our affiliated organizations, we connected more than 9,500 children and youth throughout North Carolina with healing this past year. Each moment of healing, whether a breakthrough in therapy, a safe place to be heard, or a step toward resilience, gives a child the courage to imagine a future that once felt out of reach. Thank you for the role you played in creating hope for these children and families.

That hope is what drives us. All of the innovative approaches, new programs, and expanded services become building blocks in a larger structure— a bridge strong enough to carry a child towards a future they didn't know was possible.

All of the innovative approaches, new programs, and expanded services become building blocks in a larger structure— a bridge strong enough to carry a child towards a future they didn't know was possible.

But no bridge stands because of one effort alone. It takes all of us—our dedicated staff, committed volunteers, community partners, and donors like you. Together, we are creating something lasting. Not just for the children who find healing today, but for those who will need us in the years ahead.

Thank you for helping us build bridges that transform tomorrow.



Bryant Owens, Board Chair,
Alexander Youth Network



Aleks Kopec, Board Chair,
Alexander Children's Foundation



Brennon Graham, President & CEO,
Alexander Youth Network



Lynn Crutchfield, President,
Alexander Children's Foundation

Seth's Story

Seth is a tall, strong 11-year-old who is often mistaken for being much older. But behind that first impression is a child working hard to understand and express his emotions. On the autism spectrum, school often felt overwhelming and home life grew tense. His frustration often surfaced as aggression, withdrawing, or refusing to participate.

At Alexander Youth Network, we understand that challenging behaviors are often a child's way of communicating unmet needs. Many simply haven't yet learned the skills to manage big emotions.



Our programs are designed to meet children where they are, help them feel safe, and support healing for the whole family.

Seth began that journey in our **Charlotte Day Treatment** program. Staff quickly noticed what helped him succeed—advance warnings before transitions, time to process each new activity, and quiet moments when he felt overstimulated. With a routine he could predict and adults who understood how he communicated, Seth began to participate more and build confidence.

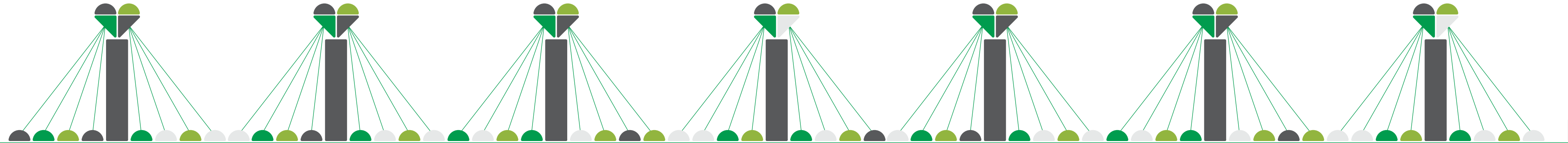
Even with this progress, home remained difficult, so our team recommended **Residential Services**. The Transition House is a structured residential program for children ages 6–12 who need extra support before returning home. This environment provided the reset Seth needed. He practiced following routines, asking for help, and expressing himself more clearly.

Just as importantly, his mother and sister learned strategies to

support him. They discovered how much he relied on structure, how essential quiet time was for him, and how patience helped him stay regulated.

After nearly six weeks, Seth returned home and continued receiving support through **Intensive In-Home Services**. With consistent guidance, his family built on the progress he had made, helping him stay regulated at home and transition successfully back to his community school.

Today, Seth is thriving at home, school, and in his community. Because of the support of donors and volunteers like you, Alexander Youth Network was able to create a bridge from conflict to calm for Seth and his family. Thank you for being a bridge builder for thousands of children and adolescents across North Carolina.



9,502

children and families were served through Alexander Youth Network and our affiliates in 2025

81%
of Day Treatment clients left better equipped to succeed in the classroom

83%
of Intensive In-Home clients achieved stability in school or employment

95%
of Residential Treatment clients left ready for the next step in their healing journey

87%
of youth no longer expressed thoughts of self-harm when leaving our care

Numbers Served

Outpatient Services	2,373
Community Based Services	317
Day Treatment	261
Foster Care	157
Residential Services	474
Care Management	1,078
Affiliated Agencies	4,842



We reached families in
71 of 100
of North Carolina's counties

2025 Giving Overview

2025 GIVING ACF & AYN COMBINED	
Unrestricted	\$1,108,878
Restricted	\$585,944
Endowment	\$195,465

TOTAL \$1,890,287

DONORS	
Current	342
New	204

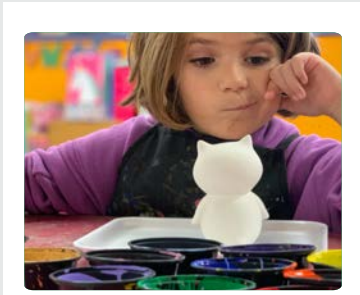
TOTAL 546
AVERAGE GIFT AMOUNT \$1,923

SOURCES OF GIVING	
Individuals	\$1,313,839
Corporations & Organizations	\$268,083
Government Grants	\$2,017,710
Foundations	\$300,112
Trusts	\$8,253
United Way	\$50,783
In-Kind Professional Services	\$329,600

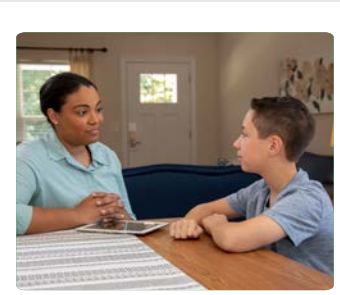
TOTAL \$4,288,380



Your Support in Action



\$25 will provide a **craft project** for a weekend activity



\$1,000 will offset the cost of **5 months of outpatient treatment** for a child or teen



\$10,000 will offset the cost of **2 months of Day Treatment**



\$25,000 will pay for **6 months of Physical Education** programming

Fiscal Year 2024-2025 Alexander Youth Network

Revenue, Gains, Losses & Other Support	
Service Revenue (Medicaid, Insurance, etc)	\$32,732,614
Grants	\$1,754,748
Contributions	\$785,280
Other Income	\$879,962
Total Revenue	\$36,152,604
Expenses	
Program Expenses	\$33,036,342
General and Administrative	\$3,776,790
Transfers to Affiliates	\$232,435
Total Expenses	\$37,045,567
Change in Net Assets	(\$892,963)

Alexander Children's Foundation

Revenue, Gains, Losses & Other Support	
Private Contributions	\$722,767
Transfers from Alexander Youth Network	\$148,972
Investment Income (Loss)	\$1,710,849
Other	\$64,457
Total Revenue	\$2,647,045
Expenses	
General Administrative	\$98,693
Fundraising Expenses	\$784,762
Total Expenses	\$883,455
Change in Net Assets	\$1,763,590

Volunteers at Alexander



597

volunteers in 2025

supported our kids and staff in a wide variety of ways



5,062

hours volunteered in 2025

spent tutoring, mentoring, pen pals, and leading extra-curricular activities.

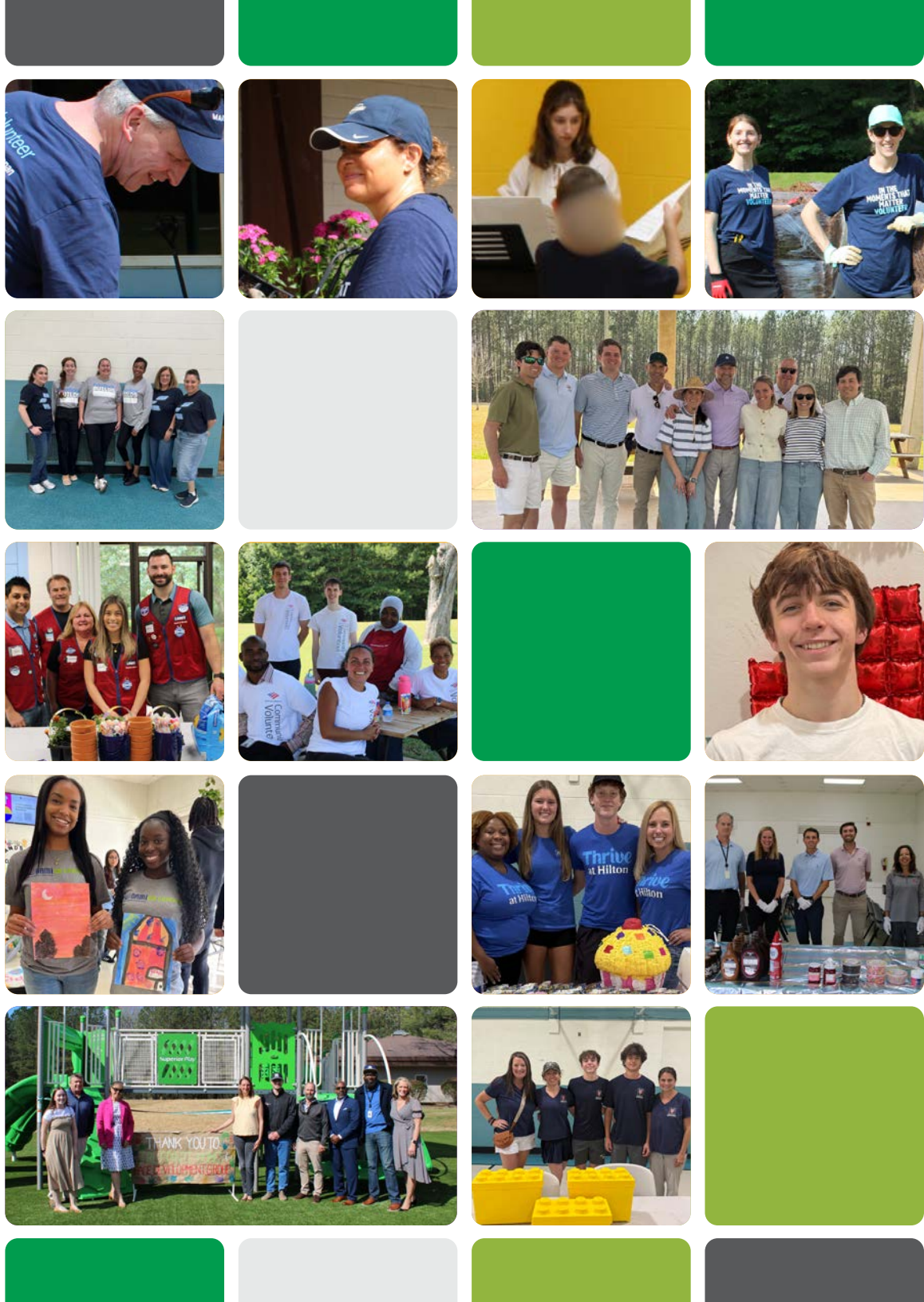


totaling

\$176,105

of in-kind work

Volunteer hours calculated at \$34.79 per hour



Ways to Get Involved

Take a Tour

If you want to learn more about our mission or connect with Alexander on a deeper level, join us for a campus tour. Campus tours are free introductions to Alexander Youth Network held at our main campus in southeast Charlotte. The tour lasts approximately one hour, and visitors are not asked to contribute to the agency's mission. The goal is to share with guests the scope of mental illness in our community and how Alexander is making a difference in the lives of children and families.



Register by visiting online at alexanderyouthnetwork.org/tours/

Volunteer

You can be a part of building bridges for the kids at Alexander Youth Network! There are lots of opportunities to get involved and make a difference in a kid's life. You can volunteer as an individual, in a group or corporate partnership, or host other opportunities for our kids to learn and engage with the community around them.



Complete our online engagement form to connect with our volunteer engagement officer, Ashley Nieves at anieves@aynkids.org.

Spread the Word

Join us in our mission of building bridges to hope and healing by spreading the word about the mental health needs of vulnerable children in our community. You can host a tour on our campus by inviting your friends or coworkers to join you. Or we can bring a tour directly to your community group, church, or local business. You can also help spread awareness by following and sharing about us on social media.



Contact Kaitlyn Dixon at (704) 227-9159 or kcoppadge@aynkids.org.

Donate Today

Alexander Youth Network is a private, nonprofit organization that depends on the generosity of its community to ensure children receive the therapeutic care they urgently need in environments built for healing and growth. Your support helps bridge the gap between the true cost of mental health services and the limited reimbursement available, making it possible for us to serve children who might otherwise go without care.



Donate online at alexanderyouthnetwork.org/donate

Shop Our Amazon Wishlists!

Have items shipped directly to our kids.



Shop for our Kids



Shop for our Teens



Celebrating Our Kids

Our 2025 Celebrating Our Kids was a huge success. We are deeply grateful to our generous sponsors and those donors who joined our Circle of Giving. Thank you for being a part of our mission of building bridges to hope and healing.

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Hero Sponsors



Visionary Sponsors



Rolemodel Sponsors



Friend Sponsors



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The Garsed Legacy Society recognizes individuals who have included Alexander Youth Network in their estate plans.

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The Alexander Youth Network Multi-Year Giving Society continues to grow. Multi-year donors provide a stable future for the agency by pledging a five-year commitment at a leadership level.

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Per Year For 5 Years

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