

ALEXANDER CHILDREN'S FOUNDATION

November 2025 eNews



LETTERS FROM LYNN: NOVEMBER 2025

Gratitude is a sense of happiness and thankfulness in response to a fortunate happenstance or tangible gift. As we approach this holiday season, I am incredibly grateful to the generous donors and staff who support and care for the children served at Alexander Youth Network.

For many of us, this is a time for visiting with family and friends, sharing a meal, participating in a 5K or maybe going to a parade or watching football. However, we need to remember that it can be a difficult time of year for some, especially for many of the children and families we serve. Some are far from loved ones, while others may be navigating anxiety, depression, joblessness, or a lack of resources. These challenges can feel overwhelming—but thanks to the generosity of our donors and the dedication of our staff, hope shines through.

To our staff, your support and encouragement does more than provide care; it creates brighter days and better tomorrows for children struggling with mental and behavioral health challenges. You create a safe and nurturing space for them to practice new skills and learn to manage their challenges. Thank you for your tireless commitment and heart.

To our donors, thank you for believing in these children and investing in their futures. Every gift, every hour of service, and every act of kindness helps transform lives. You make it possible for children to receive the treatment, compassion, and stability they need during a season that can otherwise feel uncertain.

Together, you are the reason families find strength and healing when they need it most.

This season, we celebrate you and the incredible difference you make. Your gifts of time, treasure, and talent are transforming lives.

I wish you all a safe and happy Thanksgiving, full of love, laughter, and joyous memories.

Gratefully,
Lynn

VOLUNTEER CORNER

The holiday season is one of our busiest times at Alexander Youth Network! We are so grateful to all the amazing volunteers and donors that make this time of year magical. Whether you are sponsoring one of our children through our Angel Network program to provide them with Christmas presents or volunteering your time at our Annual Tree Lighting or wrapping presents - thank you! We could not make this time of year so special for all of the children served at Alexander Youth Network without your support.

If you are looking for ways to get involved at Alexander Youth Network this holiday season, consider shopping our Amazon wish lists for our Charlotte and Greensboro programs below to provide presents to kids in our services. In December we will have gift wrapping shifts to make sure every child receives wrapped presents under the tree! If you're interested in signing up for a gift wrapping shift, please reach out to our Volunteer Engagement Officer, Ashley Nieves, at anieves@aynkids.org to receive the sign up link.

CHARLOTTE
HOLIDAY
WISH LIST

GREENSBORO
HOLIDAY
WISH LIST

SPONSOR SPOTLIGHT

Alexander is fortunate to have incredible partnerships with many wonderful organizations across North Carolina. We feel especially grateful to have had AWP Counseling as a corporate sponsor for our annual Celebrating Our Kids luncheon the past several years.

Our relationship with AWP Counseling started long before their sponsorship. Anne Payne, founder of AWP Counseling, has a strong passion for mental and behavioral health. It is fitting that Anne serves as a board member, lunch buddy, and table captain at Alexander Youth Network. Her passion for treating those struggling with mental health challenges makes her a strong advocate for the children Alexander Youth Network serves. She has been a tremendous voice for those who don't have one, educating, caring, and raising awareness about this critical issue facing our community. Her drive to destigmatize this disease makes us proud to call her a member of the Alexander Youth Network family.

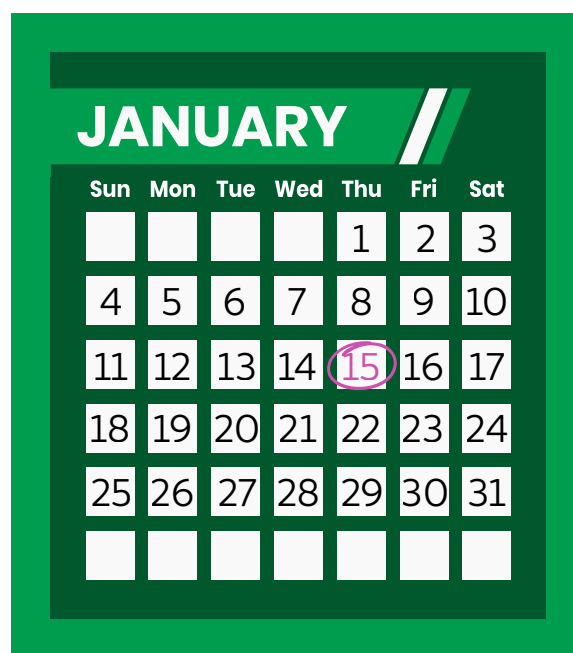
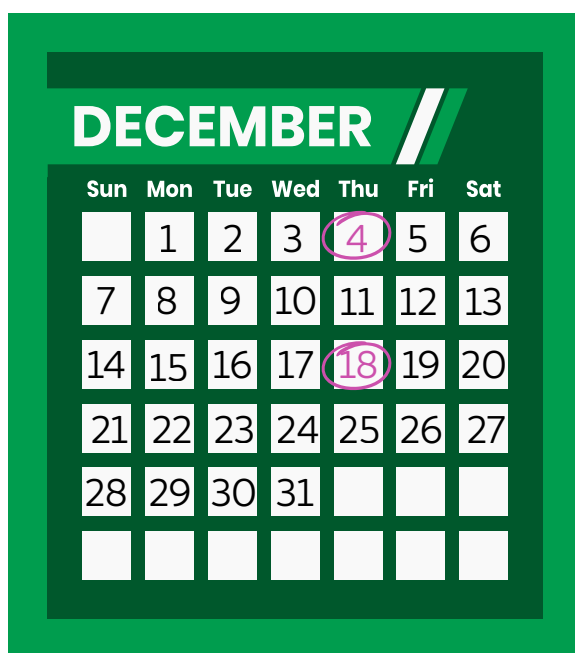
Thank you, Anne, for all that you do for your clients and being a valued partner to Alexander Youth Network.

If you or your company are looking for an opportunity to give back by volunteering or supporting our annual Celebrating Our Kids, contact Crissy Humble at chumble@aynkids.org.

CAMPUS TOURS

Join us for a tour of Alexander Youth Network! Tours are scheduled for the first and third Thursday of the month. This is a great opportunity for a personalized, guided tour where you can ask questions and learn about all the amazing programs and services provided by Alexander Youth Network.

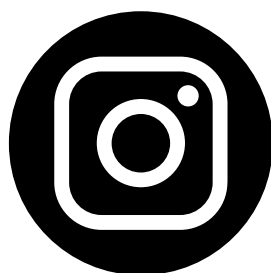
All tours of Alexander will take place on the Charlotte campus, located at 6220 Thermal Road, Charlotte, NC. Campus tours last approximately 30 minutes. You can [sign up for a tour by visiting our website](#). If you would like to come for a tour, but are not able to make one of the scheduled dates, please contact Crissy Humble at chumble@aynkids.org or 704-227-9133.



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